

Appalachia 2022 Packing List

Worksite List

- 2 or 3 pairs of long pants
- No scrubs, no leggings
 - Jeans are best
 - You'll wear them more than once

- 5 or more t-shirts
- They'll get trashed
 - No tank tops or sleeveless

- Tennis shoes
- No sandals, crocs, or open-toes

- 5 or more pairs of socks
- These will get very gross and stinky
 - You MUST change your socks each day... NO EXCEPTIONS!

- Tools & Equipment
(make sure you NAME is on all items)
- Hammer
 - Toolbelt/Nail Apron
 - Pencil
 - Tape Measure
 - Dust Mask
 - Work Gloves
 - Safety Goggles (Sunglasses are fine)

Hat or Bandana
Water Bottle
Sunscreen

Important List

- Shorts
T-shirts (no sleeveless)
Underwear items
Socks
Shoes/Sandals/Flip-Flops
Sweatshirt (it can get chilly)
Swimsuit (for our rafting day!)

bible, or bible app
Pen & Writing Pad

- Bathroom Stuff
- Shampoo/Soap/Body Wash
 - Deodorant
 - Toothpaste & Brush
 - Contacts/Glasses Stuff
 - Towel & Washcloth

Sleeping Bag
Pillow
Air Mattress
Bug Spray
Subscription Medications

Optional List

Box Fan
Musical Instrument
Flashlight
Rain Gear

A WORD ABOUT SHOWERS: THEY ARE 100% REQUIRED AT THE END OF EACH WORKDAY

DO NOT BRING

Alcohol, Drugs, Weapons, Tobacco/Vape Products, Fireworks

Appalachia Service Project asks that things like **cell phones** or **other electronics** stay either on our beds or in the vehicles while we are on our worksites. Our adult leaders will always have their phones on them so that parents/guardians back can reach us in case of an emergency. Neither ASP or St. Thomas Church is not responsible for lost or stolen phones or other valuables.

ASP does have items **for sale** like hats, t-shirts, hoodies, and more. Items range from \$2– \$40. You can also check out merch items online at www.aspstore.org