

Appalachia 2019 Packing List

Worksite List

2 or 3 pairs of long pants

- No scrubs, no leggings
- Jeans are best
- You'll wear them more than once

5 or more t-shirts

- They'll get trashed
- No tank tops or sleeveless

Tennis shoes

- No sandals, crocs, or open-toes

5 or more pairs of socks

- These will get very gross and stinky
- You MUST change your socks each day... NO EXCEPTIONS!

Tools & Equipment

(make sure you NAME is on all items)

- Hammer
- Toolbelt/Nail Apron
- Pencil
- Tape Measure
- Dust Mask
- Work Gloves
- Safety Goggles (Sunglasses are fine)

Hat or Bandana

Water Bottle

Sunscreen

Important List

Shorts (mid-thigh)

T-shirts (no sleeveless)

Underwear items

Socks

Shoes/Sandals/Flip-Flops

Sweatshirt (it can get chilly)

bible, or bible app

Pen & Writing Pad

Bathroom Stuff

- Shampoo/Soap/Body Wash
- Deoderant
- Toothpaste & Brush
- Contacts/Glasses Stuff
- Towel & Washcloth

Sleeping Bag

Pillow

Air Mattress (important)

Bug Spray

Subscription Medications

Optional List

Box Fan

Musical Instrument

Flashlight

Rain Gear

\$\$ for lunch on July 7 & 14

DO NOT BRING

Alcohol, Drugs, Weapons, Tobacco/Vape Products, Fireworks

Appalachia Service Project asks that things like **cell phones** or **other electronics** stay either on our beds or in the vehicles while we are on our worksites. Our adult leaders will have their phones on them at all times so that parents/guardians back can reach us in case of an emergency. Neither ASP or St. Thomas Church is not responsible for lost or stolen phones or other valuables.

ASP does have items **for sale** like hats, t-shirts, hoodies, and more. Items range from \$5 – \$30.